ONE PEPTAN®,
A WORLD OF
HEALTH BENEFITS

Collagen Peptides for a Healthy Lifestyle

PRODUCED & MARKETED BY ROUSSELOT
Capturing the health conscious consumers with collagen peptides

From ancient times, women and men of all ages have gone to great lengths to improve the way they look and feel – and to keep up an active lifestyle for as long as possible. In today’s world of visual media and scientific progress, our expectations regarding health, wellness and beauty are higher than ever. And that’s not all: we also want the benefits we expect to be trustworthy and substantiated by solid science. It is particularly true in our world with aging population.

Natural nutritional solutions are a growth market

Health and beauty solutions are hot worldwide – especially those that are natural and produce reliable results from within. Nutritionally enhanced foods, beverages and dietary supplements are a key force in this exciting development. Leading market research agency Mintel expects a compound annual growth rate for the nutraceuticals market of 7.7% between 2015 and 2022, while the global functional foods market is projected to reach $2.5 billion by 2020.

Scientific evidence of health benefits means long-term success

Our growing understanding of physical wellness and beauty is leading manufacturers of nutraceuticals and functional foods to place ever higher demands on the quality, safety and natural origins of the ingredients they use – and on the science behind it all. Doing the science, in fact, is one of the secrets to dependable, lasting results in nutritional enhancement.
Collagen, the ingredient that gives our bodies ‘bounce’. On this opportunity-rich global market, your success depends largely on using the right ingredients. Enter collagen.

Collagen is the main protein in the connective tissues of the body and represents almost 30% of all human protein content. Collagen is a triple helix of alpha-chains of amino acids which build strong fibers used for the body’s structure. In essence, it is the ingredient that holds everything together – a key structural protein that ensures the cohesion, elasticity and regeneration of all our connective tissues, strengthening the body’s structures and the integrity of our skin.

The bad news? After we turn 30, our collagen levels start to drop…

With age, our bodies naturally produce less collagen, bringing to light the first signs of aging. For most of us, this process begins around the age of 30. In our 40s, it accelerates, adversely affecting our skin, joints and bones. The good news? Peptan collagen peptides offer proven benefits in the following key areas:

- **HEALTHY AGING**
  Promoting mobility, helping healthy agers to maintain physical well-being and stay active

- **JOINT AND BONE HEALTH**
  Ensuring an optimal joint and bone health for an active lifestyle

- **SKIN BEAUTY**
  Reversing skin aging by improving collagen structure from within

- **SPORTS NUTRITION**
  Keeping connective tissue healthy - the key to move freely and efficiently and help prevent injuries

Collagen is everywhere in the human body: in our bones, joints, tendons, ligaments and skin, as well as our smooth muscle tissue, blood vessels and other organs. It is even a major component of our hair and nails. Different types of collagen occur in different parts of the body. Type 1 collagen is the most prevalent. Different cells in our body tissues are responsible for the production of collagen. The cells use specific amino acids and peptides as building blocks to produce the large collagen helix structure, which is then organized into the strong fibers that provide structural tissue support.
Peptan® collagen peptides for an active, healthy lifestyle

The world’s leading collagen peptides brand
Produced and marketed by Rousselot, a Darling Ingredients brand, Peptan is the world’s leading brand of collagen peptides. Specifically developed to deliver numerous health benefits and functional properties, Peptan is a natural, high-purity, bioactive product with a protein content of over 97% (on a dry weight basis). Being a Type 1 collagen, Peptan is identical to the collagen found in human bones and skin.

Unique amino acid composition
Peptan contains 18 amino acids, the building blocks of our tissues and the primary component of proteins. Glycine, proline and hydroxyproline represent around 50% of Peptan’s total amino acid content (the glycine and proline concentration in Peptan is 10 to 20 times higher than in other proteins). As a result, Peptan offers nutri-functional properties that cannot be found in other protein sources.

Native collagen is composed of a large triple helix molecule. The much smaller and easily digestible Peptan collagen peptides are produced by a carefully controlled enzymatic hydrolysis.
Reaching the body parts that matter

Peptan collagen peptides are optimized for high bioavailability and bioactivity. This means they quickly reach the parts of the body where they are most needed – and with maximum effect. In fact, 90% of Peptan collagen peptides are digested and available within the connective tissues just a few hours after digestion. Research shows that collagen peptides present in the blood do indeed reach the connective tissues\(^1\) – which is exactly what is needed for Peptan’s unique health and beauty benefits to do their part.

The many benefits of Peptan have made it easier for us to develop products that can be adapted to the demands of different consumer groups

Ruby Chien, International Procurement Manager, TCI

World’s widest range

Available in the widest range possible, Peptan collagen peptides match a variety of innovative product requirements. Our global leadership in the production and supply of collagen peptides – combined with our worldwide presence, customer-driven approach and advanced technical expertise – enables us to offer you maximum reliability and involvement as a manufacturer.

Available in 3 raw material origins and 2 main standard grades:
- Peptan\(^P\): Porcine collagen peptides
- Peptan\(^B\): Bovine collagen peptides (Kosher- and Halal-certified)
- Peptan\(^F\): Fish collagen peptides (Kosher- and Halal-certified)

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With Peptan® you can count on solid scientific evidence

Proven health benefits in vital areas

Peptan has gained worldwide recognition due to the substantial scientific evidence that backs it up. Our product’s efficacy in providing key health and beauty benefits has been demonstrated in double-blind, placebo-controlled clinical studies and results have been published in leading scientific journals. Peptan offers proven benefits in the four vital areas described on the right hand side.

References

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4 Guillerminet, F. et al., 2010, Collagen Peptides Improves Bone Metabolism and Biomechanical Parameters in Ovariectomized Mice: An In-Vitro and In Vivo Study, Bone, 46: 827-834
5 Guillerminet, F. et al., 2012, Hydrolyzed collagen improves bone status and prevents bone loss in ovariectomized C3H/HeN mice. Osteoporosis International 23 (7): 1909-1919
7 Daneault, A. et al., 2015, Biological effect of hydrolyzed collagen on bone metabolism. Critical Reviews in Food Science and Nutrition, 10: 1040-8398
Mobility: Peptan offers a holistic approach to support overall mobility

**HEALTHY AGING**

Peptan simultaneously promotes all the connective tissues of healthy agers by stimulating local cells in the target tissues to produce more collagen and other key matrix components. A wide range of studies has demonstrated its benefits for healthy joints\(^2\) and strong bones\(^3\)\(^,\)\(^6\)\(^,\)\(^7\). Collagen peptides also support lean muscle mass and strength\(^8\).

**JOINT AND BONE HEALTH**

Joint and bone healthcare is gaining recognition as a vital part of an active and sports-oriented lifestyle and also as a way of maintaining mobility at an older age. This trend offers dietary supplement manufacturers excellent opportunities. Peptan has been proven to improve joint function and flexibility\(^2\)\(^,\)\(^3\) and to maintain bone health\(^4\)\(^,\)\(^5\)\(^,\)\(^6\)\(^,\)\(^7\) – crucial benefits for those who wish to maintain an active lifestyle.

**SPORTS NUTRITION**

Proteins deliver numerous health benefits. Specific bioactive proteins – collagen peptides in particular – can offer benefits beyond muscle building. These include improving athletic performance\(^9\)\(^,\)\(^10\), protecting connective tissues\(^10\)\(^,\)\(^11\)\(^,\)\(^12\), supporting healthy joint maintenance\(^2\)\(^,\)\(^3\) and helping to reduce the risk of injury\(^12\).

**Beauty: Peptan reverses skin aging from within**

**SKIN BEAUTY**

Peptan’s multiple anti-aging benefits are well-documented. In several clinical studies\(^13\)\(^,\)\(^14\) visible effects have been demonstrated after just one month of use. Peptan can counteract the effects of aging and promote a more youthful appearance by boosting and restructuring the skin’s collagen network from within. By stimulating the production of hyaluronic acid, Peptan also offers skin hydration benefits.

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The right collagen for all your applications

Satisfy your customers efficiently and cost-effectively

Thanks to our extensive R&D capabilities and uncompromising quality control and sensory testing panels, Peptan collagen peptides offer a consistently superior sensory profile. Add that to Peptan’s unique mix of proven health benefits and functional capabilities, and you have the ideal solution for (cost-)effectively boosting the nutritional qualities of your products – and satisfying your customers.

Easy to use in many formulations

As a manufacturer you can use Peptan in many different formulations, from dietary supplements and powdered drinks to nutrition bars, confectionery, dairy and more. Peptan is your recipe for success in producing healthy, attractive food, dietary and nutricosmetic solutions.

- Instant solubility in cold or warm liquid
- Superior wettability
- Transparent in solution
- Heat-resistant
- PH-stable
- Dust-free powders
- Excellent flowing properties
- Compatible with other active ingredients, such as vitamins and minerals

Peptan has allowed us to develop various products with different benefits for joints, bones, skin and hair. The range uses collagens from different sources, all of premium quality.

Miguel Ángel Más Leal, Manager, Vaminter
No worries about international compliance

With Peptan, you will have no worries about compliance. Our products comply with most international food regulations, including European Regulations (EC) N° 853/2004 and N° 2073/2005 on food hygiene and the American Food Chemical Codex (FCC). Peptan carries GRAS status. Peptan B and F are also available with Halal or Kosher certification.

A natural, clean label product

Peptan collagen peptides are a natural product, with excellent digestibility and no additives or preservatives. They are a clean label food ingredient e number only relevant to Europe.

Peptan is usually labeled as ‘Collagen Peptides’ or ‘Hydrolyzed collagen’. In the European Union and the USA, collagen peptides manufactured from fish must be labeled as ‘Fish Collagen Peptides’ or ‘Fish Hydrolyzed Collagen’.

Peptan’s variety of product applications

- Dairy
- Powder drinks
- Beverages
- Tablets and capsules
- Nutritional bars
- Confectionery
Benefit from our (co-)innovation, commitment & world-class expertise

With Peptan, you will have a reliable, closely connected partner

Our global leadership in collagen peptides, combined with our worldwide presence and customer-centric culture, enables us to be a closely connected, reliable partner to you as a manufacturer. We can help you with virtually any product requirement or innovation you have in mind. Here are some key benefits you will enjoy as you partner with Peptan.
1. Trustworthy, up-to-date science
Peptan is recognized worldwide for its unrivalled scientific backing. Our world-class nutritional scientists work with leading academics and universities around the world. Even today, in-vitro and in-vivo research – including double-blind, placebo-controlled clinical studies – is ongoing, with a focus on the mechanisms of Peptan and its influence on human health.

- Many years of experience in researching and developing collagen peptides
- State-of-the-art, certified and facilities in France and Brazil
- Expert R&D teams
- Global leadership in our field

We’ll help you communicate the science, too
Our global research teams and local technical experts are eager to join hands with you in growing your business and communicating the science behind Peptan. We can provide you with scientific evidence files, communication support and support in educating consumers about the value of collagen peptides.

2. Quality & safety
As a trusted partner of major food and pharmaceutical manufacturers around the world, we appreciate the importance of quality and safety. Our constant focus is on ensuring the complete safety of every product and process we are responsible for.

- Premium, 100% natural collagen peptides, safe and free from any preservatives or additives
- HACCP- and ISO9001-certified plants
- Full compliance with the highest international quality standards
- Full traceability throughout every step of our production process

Full control from source to final product
At Rousselot, we take the utmost care in selecting our materials as well as our raw material suppliers, submitting them to the strictest quality control programs. We set high sustainability standards and our sourcing centers predominantly on ASC-certified fisheries and grass-fed cattle.

3. Formulation optimization
The Peptan Expertise Center focuses on new product and application developments and innovation in nutritional science and research. We optimize nutrition and health benefits, while making sure product taste and consumer appeal stay in focus. Our scientists have at their disposal the very best, most advanced analytical equipment for researching and developing new collagen peptide applications.

- Our technical experts work in close partnership with you
- We have application centers supporting all major markets
- We can offer tailored answers to your questions

We can help get your product faster to market
We will help you improve and facilitate the use of Peptan products in your application, co-develop new products with you and help you get them onto your market faster.

4. Co-innovation
We believe that in today’s complex markets, co-innovation is the way forward. One great example of our efforts in this area are our Innovation Days. They offer you a unique opportunity to work with our experts on developing successful, marketable innovations, such as a new dietary supplement or functional food with Peptan inside.

Join our Innovation Day to gain insights of the latest marketable innovations.

5. Brand development
In addition to globally recognized science and award-winning ingredients, we also offer outstanding brand development support. We have developed successful ingredient branding strategies with several trusted customers. You, too, can benefit from endorsement by Peptan branding and the opportunity to list Peptan as one of the ingredients used in your product.

Peptan is a registered trademark of Rousselot. Contact us to know more about our co-branding program.
Rousselot and Peptan are both brands of Darling Ingredients Inc. Rousselot is the global leader of gelatin and collagen peptides. Rousselot’s wide range of collagen peptides are marketed under the Peptan brand. We work in partnership with our customers all over the world, delivering innovative and advanced ingredient solutions manufactured through state of the art operations. We help our customers achieve their goals, enabling them to create world class pharmaceutical, food and nutritional products to inspire and excite today’s demanding consumers.

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1 Grand View Research, Gelatin Market Analysis and Segments Forecasts to 2024, 2014

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